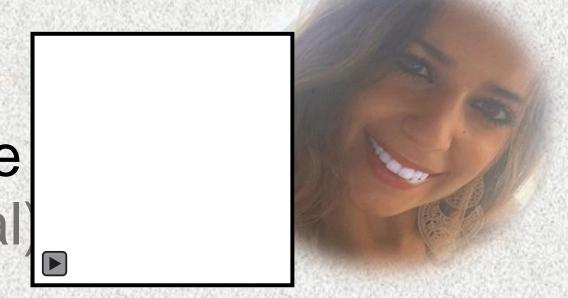


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## ARTICULATION OF EDUCATIONAL PRACTICES IN OUTDOOR AND INDOOR CONTEXTS IN PRESCHOOL EDUCATION: INNOVATING AND TRAINING

#### Problem

Scarce contact of the child with nature

Sedentarism, physical inactivity, and childhood obesity

Need for articulation between outdoor, nature, and indoor contexts and spaces

10.8% of time spent outdoors, of time spent in kindergarten (Portugal)

32% of children in Portugal are overweight

Gap in the literature



Fig. 1: Photographs of the outdoor and indoor space of a kindergarten and the nature space of a nature education program

### Methodology

- Nature of Research: Qualitative
- Type of Study: Case Study
- Participants: 5 educators and 16 children
- Object of study: Conceptions and educational practices of educators; Levels of well-being and involvement of children
- Data Collection Tools: Semi-structured interviews; Field notes; Researcher's diary; Photographic and video records; Pedagogical documentation; Portugal and Laevers Scale (2018)
- Types of Data Analysis: Content Analysis with support of WebQDA software; Documentary Analysis

## Research Question and Objective

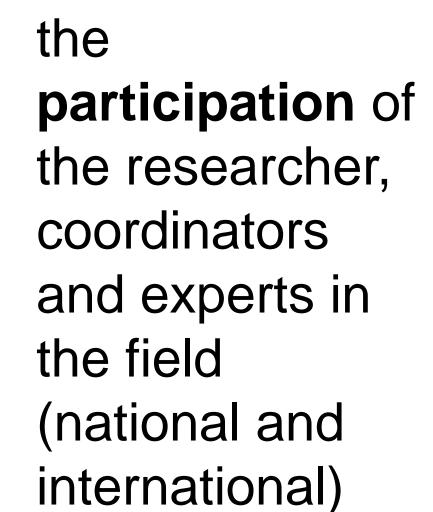
Q1: What are the potentials and limitations of an articulated and collaborative approach of practices developed in a nature education program and a kindergarten?



Fig. 2: Casa da Mata Program (Portugal), from the Invisible Limits Project and a kindergarten room in Portugal

O1: Design, implement and evaluate a Collaborative Training Program that favors:

collaboration between the educators of the two contexts



the coconstruction of articulation strategies

# Purpose

"Co-build a bridge" and "break down walls" between different study contexts and spaces, professionals and research, training and intervention in early childhood education



# **Current Impact**



Sharing social and ethical responsibilities



Pedagogical and Training Innovation



Sustainability of the Research Project



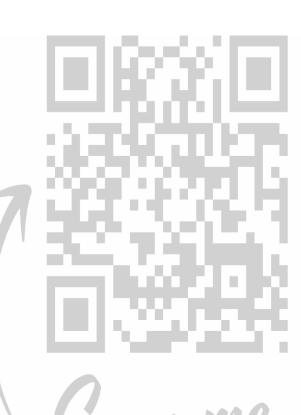
Science

Design, programming and promotion of the "Crescer sem Muros" (Growing without Walls) Website and Backoffice

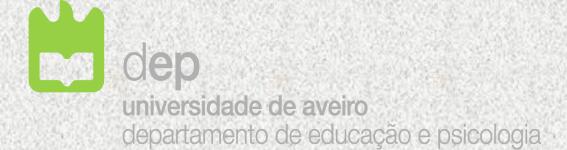
Covid 19 Impact and Mitigation



Fig. 3: Logo of the Digital Support Resource











Cofinanciado por:



